



EASTERN POLK QUILTERS GUILD

JULY 2026 NEWSLETTER

Issue 303

Web Site: <http://epqg.wordpress.com/>



PDF FILE

UPCOMING EVENTS

July 15	Bondurant Sew	Bondurant Public Library in the back room 9 AM – 4 PM
July 20	Kathy Jones - Quilts of Valor Foundation	LCC 7:00 PM
July 21	Board Meeting	LCC 3:30 PM
August 1	Saturday Sew	LCC 9 AM – 3 PM
August 7-9	Summer Retreat	Doanes Park
August 16	Workshop Personal Snapshot/Story Quilt Terry Vander Bosch	LCC 1-4 PM
August 17	Terry Vander Bosch - Fabric Designer Lizard Creek Quilting	LCC 7:00 PM
August 18	Board Meeting	LCC 3:30 PM
August 19	Bondurant Sew	Bondurant Public 9 AM – 4 PM
August 21	2026 Iowa State Fair Room Hosting	Bondurant Public 9 AM – 4 PM
September 5	Saturday Sew	LCC 9 AM – 3 PM
September 21	Laura Piland-Slice of Pi	LCC 7:00 PM

September 30	Bus Trip	6 AM-6:4 5PM
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President's Message

Happy Anniversary USA. The summer heat has finally arrived, as well as the summer rain storms. I hope all of your basements stayed dry.

We will have several Quilt of Valor quilts to give to the QOV organization this month. Can't wait to see all the different patterns. I personally want to THANK all of you for supporting QOV.

If the July heat gets to hot for you, you can always turn your air conditioner up and Quilt till you realize you

used up all your stash. Oh silly me I know that won't happen to most of us.
Stay cool and quilt on!!

Linda Erickson, President

July Program

Kathy Jones with the Quilts of Valor will be our speaker. The Mission of the Quilts of Valor® Foundation is to cover Service Members and Veterans touched by war with comforting and healing Quilts of Valor.

August Program

Terri Vanden Bosch is a designer, quilt maker and long arm quilter. The creative journey started in the 5th grade with making a pair of pj's using antique feed sacks of her great grandmother. Decades later, the sewing machine is still her best friend, assisting her in the pursuit of trying new things along with perfecting the old.

In her "spare" time, she works with her husband on their Iowa farm. When not helping him, planning the next motorcycle adventure or spoiling their grandchildren, she will be found in the studio cooking up something new for you!!!

www.lizardcreekquilting.com

Cindy Alcorn, Program Director

August Vanden Bosch Workshop

It's time to start talking to you guys about the class in August. Terri Vanden Bosch is going to teach us a small personal snapshot and story quilt photo transfer journaling and meaningful block. The cost is \$ 60 apiece which includes supplies. We are holding it the day before our Guild meeting on August 16 from 1-4pm. Here is what Terri states about the workshop.

I am so looking forward to meeting and sharing my love of personalized journal/memory quilts with you!! Below you will find a supply list along with what will be included in your

workshop kit. The project is meant to be a quick and easy dip into creating a journal quilt

--so no stress about using fancy fabrics or supplies. The background fabric will be supplied

for best journaling results. A photo of yourself needs to be emailed to me--please email

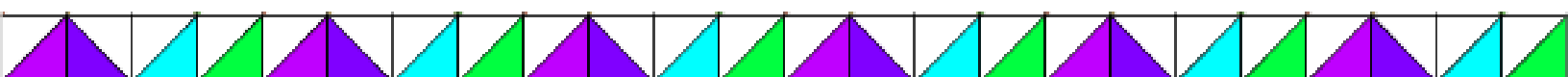
to lizardcreekquilting@yahoo.com no later than 2 days before the workshop.

Again--no stress here--just a quick little selfie in front of your sewing machine will be great!

Cindy Alcorn, Program Director

PDF of the workshop

Click to sign up for the workshop



Summer Retreat

The summer retreat is August 7,8,9 from 9am to 9pm on Friday, Saturday and 9am to 2pm Sunday at Doanes Park. This is a No-Frills Retreat.

This event is similar to Saturday Sew. No food will be provided by the guild. Feel free to bring snacks, crock pots, or items to share.

A sale table will be available for you to bring items to sell. Please label each item with your name and sale price. You are responsible for pricing and choosing your preferred payment method.

The fee for the retreat is \$30 for Members and \$35 Non-Members.

Questions? Contact **Linda Whitaker** Phone: 515 423-9564 Email: mazquilter1407@hotmail.com

[retreat form](#)

2026 Iowa State Fair Room Hosting

The guild is going to host a room at the **2026 Iowa State Fair** on August 21 from 9am to 4 pm. You will receive a ticket to the fair and parking pass. If you are interested in volunteering contact Jane Barnes.

[Click here to sign up](#)

Bus Trip



The bus trip is scheduled for Wednesday, September 30. The Cost is \$125

The bus will arrive at the north end of the Altoona Target parking lot at 6:00 AM. As soon as the bus is loaded or no later than 6:30 AM the bus will leave. The quilt shops we will be stopping at are:

- The Quiltmaker's Shoppe – Manchester
- Merry's Stitchins – Jesup

- Prarie Quilt Studio – Urbana
- The Fabric Stasher Quilt Store – Tipton
- Cotton Creek Mill Quilt Shop – West Branch

We will spend no more that 1 hour at each shop. We plan to arrive back at the Target parking lot around 6:45 PM.

Breakfast: Donuts will be provided in the morning. Please bring you own morning beverage.
Lunch: A brown bag lunch (to be ordered ahead of time) and a bottle of water will be provided.
Snacks: Feel free to bring your own small cooler of snacks and/or beverages to munch on during the trip. You can put the cooler under your seat during the trip.

The bus will be equipped with a bathroom. It will also have Wi-Fi and charging stations at the seats. Remember to bring your charging cords. No smoking or vapping will be allowed on the bus at any time.

Please bring some cash for incidentals and a free-will driver tip.

In order to reserve your seat on the bus, your registration form AND payment must be turned in together no later than Monday, September 21.
No refunds will be given after Monday, September 14.

The Bus Trip Registration and lunch order form is included in this newsletter. Please contact me with any questions you may have.

Deb Waltz 515.490.9936

Bus Trip Registration Form

Donation Quilts



Month	Number
June	17
Total	112

2026 Donation quilts will be donated to **Court Appointed Special Advocate (CASA) Program** and **Families Forward**. Both organizations accept all sizes. Baby through adult. Receiving blankets are also accepted.



Bondurant Sew Day

3rd Wednesday of the Month

Bondurant Public Library
9 AM – 4 PM

Coordinator:
Rita Prock [515-491-5902](tel:515-491-5902)

Saturday Sew

1st Saturday of the Month

Lutheran Church of the Cross
9 AM – 3 PM

Coordinators:
Linda Whitaker
Sheri Olson

Charity Sew

June 13
September 5
November 14

Lutheran Church of the Cross
9 AM – 3 PM

Coordinators:
Linda Whitaker
Sheri Olson





The Iowa Quilt Block

theiowaquiltblock.com

515-255-1010

325 5th st.

West Des Moines, IA



Refreshments



JULY

Rita Prock [515-491-5902](tel:515-491-5902)
 Susie Newton 515 903-9511
 Frank Newton 515 903-9511
 Joanie Christensen-Sund 319 961-1390
 Kathy Neuroth 515 669-7271
 Glenda Loving 515 480-9401

SEPTEMBER

Linda Erickson [515-480-5703](tel:515-480-5703)
 Sheri Olson [515-419-0735](tel:515-419-0735)
 Cheryl Ashwill 515 778-0811
 Linda Whitaker [515-423-9564](tel:515-423-9564)

AUGUST

Marilyn Breen 515 577-8847
 Laura Anspach 515 974 9685
 Lois Kern 563 349-5325
 Bev Brady 515 262-5281
 Sharon Walkup 515 314-3629

OCTOBER

Deb Foley [515-988-0813](tel:515-988-0813)
 Sheri Olson [515-419-0735](tel:515-419-0735)
 Marilyn Harden 515 205-7194
 Kerry Waughtal 515 201-8178
 Rochele Peters [515-218-5956](tel:515-218-5956)
 Lois Kern 563 349-5325

Monthly Refreshment Rules

Refreshments for the month will be provided by the members listed.

The member whose name is first in the list each month is the coordinator for the refreshments that month.

The refreshment should be in the snack category: finger type food; cakes, bars, pies, etc.

Please remember the responsibilities of the refreshment committee each month:

- ✓ Supply all food including beverages.
- ✓ Supply paper and plastic utensils.
- ✓ Cleanup, which includes wiping the tables and countertops.
- ✓ Secure the openings of all garbage bags and place them by the outside door INSIDE the kitchen.

Thank you to everyone that has signed up to bring refreshments!
Deb Foley, Secretary.





5739 University at Merle Hay



Mon, Tues, Thurs, Fri 9:00-5:30pm

Wed, Sat 9:00-2:00pm

515-255-DUST(3878)



Remember signing up for Secret Pals in December? If you are new to the guild, here is how the Secret Pals program works.

Each participant was randomly assigned a "Secret Pal" at the December guild meeting to whom they will send small gifts throughout the following year. In turn, you will receive gifts from your Secret Pal, whose identity will be revealed at the end of the year. This delightful exchange of surprises is a beautiful way to show thoughtfulness and care within our quilting community.

Commitment Reminder: As a participant, please remember your commitment to provide six gifts throughout the year. These can be anything from quilting supplies and handmade items to small tokens of appreciation that reflect your Secret Pal's interests and preferences.

Here are a few ideas to keep your creativity flowing:

1. Quilting Fabrics: Unique patterns or special fabric cuts.
2. Notions and Tools: Specialty threads, needles, or other quilting tools.
3. Handmade Items: Mini quilts, pincushions, or handmade bags.
4. Personal Touches: Items that reflect your Secret Pal's favorite colors, themes, or hobbies.

Happy quilting and happy gifting!

Deb Foley, Secretary, 515.988.0813



Do you know someone who is ill, grieving, or needs encouragement? Rita will see that our members and their families in need hear from us and know that they have our loving thoughts and prayers.

Please contact Rita Prock at [515-491-5902](tel:515-491-5902)



June Income and Expenses

EASTERN POLK QUILTERS GUILD JUNE 2026 FINANCIAL REPORT

INCOME

Bank Interest	0.32
Summer Sew Retreat	270.00

Total Income	\$ 270.32
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EXPENSES

Church Donation	150.00
Donation Quilt Batting	76.02

Total Expenses	\$ 226.02
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Submitted by Linda Smith - Treasurer

President Challenge

First and foremost is this year's President Challenge. The challenge is to use your Birth Flower and the Color of your Birthstone. I was born in September, so my flower is Morning Glory, and my birthstone is Blue Sapphire. Also add the color silver for our 25th Anniversary. Remember the challenge is open to all types of mediums. Quilts, bags, paintings/drawings, cross stitch, etc. Let your creativity shine. Projects will be presented in December.

Linda Erickson, President

25th Anniversary Cookbook



STILL AVAILABLE!!

The 25th Anniversary Cookbook put together by the Eastern Polk Quilters Guild is ready for purchase. Featuring recipes for appetizers, beverages, dips, bread, rolls, soups, salads, main dishes, side dishes, vegetables, desserts, candy, cookies, bars, brownies along with a couple quilt patterns, quilting tips and guidelines. Our cookbooks will be available for purchase at our next quilt guild meeting for \$15 each. That will be with cash or check made out to EPQG. Thanks the Cookbook Committee.

Treasured Gifts
LLC

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(and a lot of your quilting wants).

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- * Colorful Thread Selection
- * Quality Quilting Cotton/Kits

treasuredgiftsLLC.com



A fun Quilt & Retreat Center located in Elk Horn

lcquilting.com

4132 Main Street | Elk Horn, IA

712-764-2487

2026 EASTERN POLK QUILTERS GUILD BOARD OF DIRECTORS



President

Linda Erickson

[515-480-5703](tel:515-480-5703)

Vice-President

Jane Barnes

[515-240-7289](tel:515-240-7289)

Secretary	Deb Foley	515-988-0813
Treasurer	Linda Smith	515- 577-3014
Director-at-Large (2nd Term)	Linda Whitaker	515-423-9564
Director-at-Large (1st Term)	Sheri Olson	515-419-0735
Membership Director	Jennifer McDonald	515-314-4761
Newsletter Director	Marilyn Breen	515-577-8847
Program Director	Cindy Alcorn	515-423-5939
Program Director-Elect	Rochelle Peters	515-218-5956

Membership Directory

By Laws and Guild Information



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